What are HIT Systems?

- Personal Health Records - Microsoft Healthvault
- Electronic Medical Records – OpenEMR
- Patient Portals
- E Prescribing (electronic Rx)
What is a Personal Health Record?
What is a Personal Health Record?
What is a Personal Health Record?

![HealthVault](image)

**Sharing**

You control access to your health information. Use **Sharing** to decide which people can access selected types of information in your HealthVault record.

Learn more

**Share health information with someone you trust**

Want to share information with your healthcare provider?

Learn more

**People who can see Steven's info**

Steven Demirgian
Access granted: Custodian
Change access | View history

[Image of HealthVault interface with sharing options]
What is an Electronic Medication Record?
What is an Electronic Medication Record?
What is an Electronic Medication Record?
What is a Patient Portal?
What is a Patient Portal?

### Important Exams, Tests & Shots

<table>
<thead>
<tr>
<th></th>
<th>What is my goal?</th>
<th>How am I doing?</th>
<th>What do I do next?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LDL Cholesterol</strong></td>
<td>Below 100</td>
<td>66/9/21/2011</td>
<td>Doing great, continue to follow plan.</td>
</tr>
<tr>
<td><strong>Blood Pressure</strong></td>
<td>Below 130/80</td>
<td>150/100 11/3/2011</td>
<td>Office visit due.</td>
</tr>
<tr>
<td><strong>Hemoglobin A1C</strong></td>
<td>Below 7.0</td>
<td>7.9 11/3/2011</td>
<td>Follow our plan.</td>
</tr>
<tr>
<td><strong>Tobacco Use</strong></td>
<td>Do not smoke</td>
<td>Current smoker as of 8/5/2011</td>
<td>See Action Step below.</td>
</tr>
<tr>
<td><strong>Flu Shot</strong></td>
<td>One time each year during flu season</td>
<td>Due for flu shot.</td>
<td></td>
</tr>
<tr>
<td><strong>Eye Exam</strong></td>
<td>As directed by eye doctor</td>
<td>Due for eye exam.</td>
<td></td>
</tr>
<tr>
<td><strong>Foot Exam</strong></td>
<td>Checked at least once every 12 months</td>
<td>Be sure to have one a year.</td>
<td></td>
</tr>
</tbody>
</table>

Green means you are at your goal. Keep up the good work.

Red means we have some work to do to get to your goal. See Action Steps on next page.

Yellow means you are close to your goal. See Action Steps on next page.

The information in the table on the first page is based on information we have in your electronic medical record. If you see any information above that is incorrect, please send us a secure message online at secure.myclinic.org/my-appointments or contact the health care team to update your record.

**Your Action Steps are:**
- Please bring this information with you to your next appointment.
- Please visit us online schedule an office visit at secure.myclinic.org/my-appointments or call the office to schedule.
- You are due for a flu shot. If you need further information on where to get a flu shot, please visit us online or call.
- You are due for an eye exam. Make an appointment with your eye care provider for a dilated eye exam. If you have had an eye exam in the past year, please have your record sent to our office.
What is a Patient Portal?
What is E-prescribing?
What is E-prescribing?
What is E-prescribing?