DESCRIPTION:
This presentation will help you to plan your graduate academic career. This workshop is designed to prepare scientists for creating Individual Development Plans, with practical strategies for evaluating career options, setting achievable goals, engaging mentors, and adapting to change as your plan progresses. Using this plan is being suggested by NSF, NIH and more.

BIO:
Cynthia Fuhrmann is a co-author of the interactive career planning website myIDP. She is the Assistant Dean of Career & Professional Development in the Graduate School of Biomedical Sciences at the University of Massachusetts Medical School. There, she leads efforts to integrate career planning and professional development programs into the UMMS PhD and postdoctoral training experiences.